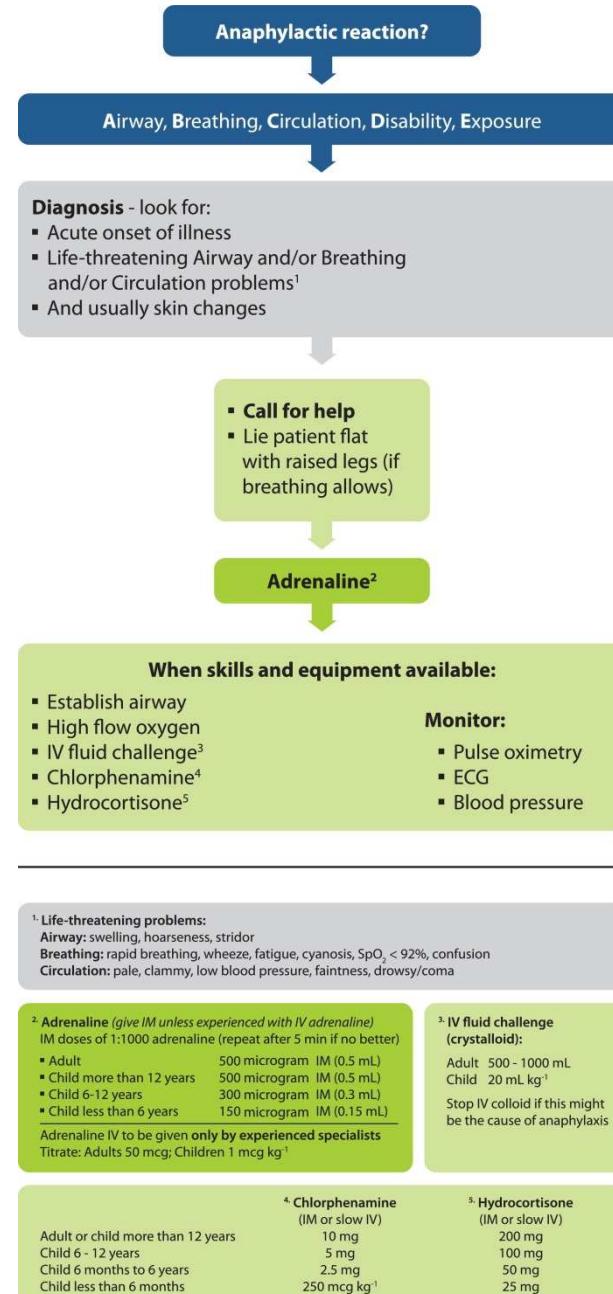


ANAPHYLAXIE



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1 Life-threatening problems:

Airway: swelling, hoarseness, stridor

Breathing: rapid breathing, wheeze, fatigue, cyanosis, $\text{SpO}_2 < 92\%$, confusion

Circulation: pale, clammy, low blood pressure, faintness, drowsy/coma

2 Adrenaline (give IM unless experienced with IV adrenaline)

IM doses of 1:1000 adrenaline (repeat after 5 min if no better)

- Adult 500 micrograms IM (0.5 mL)
- Child more than 12 years: 500 micrograms IM (0.5 mL)
- Child 6 -12 years: 300 micrograms IM (0.3 mL)
- Child less than 6 years: 150 micrograms IM (0.15 mL)

Adrenaline IV to be given **only by experienced specialists**

Titrate: Adults 50 micrograms; Children 1 microgram/kg

3 IV fluid challenge:

Adult - 500 – 1000 mL

Child - crystalloid 20 mL/kg

Stop IV colloid
if this might be the cause
of anaphylaxis

4 Chlorphenamine

(IM or slow IV)

Adult or child more than 12 years

10 mg

Child 6 - 12 years

5 mg

Child 6 months to 6 years

2.5 mg

Child less than 6 months

250 micrograms/kg

5 Hydrocortisone

(IM or slow IV)

200 mg

100 mg

50 mg

25 mg